

101 LIFE GOALS

- Own a home
- Hire a house cleaner
- Experience fine cuisine
- Own your dream car
- Quality over quantity
- Own a vacation home or timeshare
- Hire a decorator
- Work with a personal chef
- Declutter your closets
- Own a piece of fine art

HOME/LIFESTYLE

- Believe in yourself
- Practice daily affirmations
- Make your bed daily
- Keep a gratitude journal
- Develop a morning routine
- Meditate daily
- No screen time after 9pm
- Take bubble baths
- Get enough sleep
- Accept your body
- Learn to set boundaries

SELF CARE

- Have zero debt
- Build a retirement fund
- Create an emergency fund
- Hire a financial advisor
- Develop a budget
- Create a will and trust fund
- Have a no spending week
- Improve your credit score
- Cancel memberships you don't need

FINANCE

- Define your core values
- Write a book
- Attend seminars/webinars
- Find a favorite podcast
- Learn a new language
- Find a mentor
- Take self defense
- Develop your spirituality
- Write your life purpose
- Be a mentor to someone

PERSONAL DEVELOPMENT

- Find your life partner
- Cultivate strong friendships
- Don't go to bed angry
- Call instead of texting
- Go on a romantic vacation
- Host a dinner party
- Trace your Family's ancestry
- Document your life story
- Learn to be a good parent
- Have family traditions

RELATIONSHIPS

- Read one book a week
- Graduate from college or obtain another degree/certificate
- Become an expert in something
- Learn a foreign language
- Cultivate a garden
- Learn to play chess
- Teach a class

EDUCATION

- Go on a cruise
- Visit an island
- See the Northern Lights
- Visit at least 10 countries
- See at least 20 states
- Climb a famous mountain
- Visit at least 1 of the 7 wonders
- Try an all-inclusive vacation
- Attend a cultural event abroad

TRAVEL

- Declutter your office
- Join a networking group
- Ask for a raise
- Get a promotion
- Become your own boss
- Achieve job satisfaction
- Be a good employee
- Cultivate your leadership skills
- Create a second source of income
- Develop your passion

WORK

- Get annual checkups
- Eat healthier
- Try a new workout style
- Practice Yoga Try therapy
- Try strength training
- Join a cycling club
- Try acupuncture
- Maintain your ideal body weight

FITNESS & HEALTH

- Take a flying lesson
- Go skydiving
- Learn to scuba dive
- Swim with dolphins
- Go zip lining
- Go on safari
- Try hang-gliding
- Take surfing lessons
- Go on a camping trip
- Create your own adventure

ADVENTURE

- Donate to a charity
- Help build a house
- Volunteer at a shelter
- Volunteer in a foreign country
- Start a fundraising campaign
- Volunteer for Big Brother/Big Sister
- Leave an inheritance

PHILANTHROPY